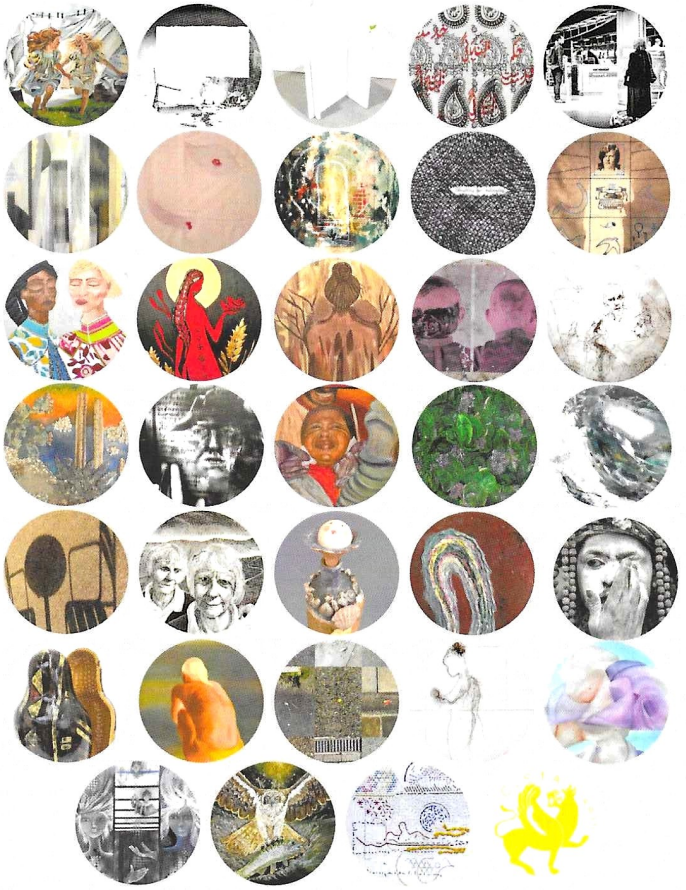
What We Carry

VISUAL ARTS SHOW | OCTOBER 2026
INTERNATIONAL GROUP EXHIBITION



The artists featured in this exhibition are: Ali Barden, Anne Aachmann-Meltofte, Baranika Sureshkumar, Christopher Lee, Claudia Ungersbäck, Dana Mihulková, Dannii Gribbin, Elif Su Oztekin, Esha Malik, Eva Lilienfelde, Fengge Xuan, Hanadi Alkfery, Iaroslava Maksimenko, Ivelina Stoyanova, Keith Rodway, Mack Mathod, Martin Vallis, Melitta Nemeth, Monika Tkaczyk, Naima Flahi, Narmin Kassam, Olha Hetsyk, Peishen Liang ARPS, Rachel Hutchinson, Rebecca Angel, Saz Morris, Simon Hutton, Susan Tracey, Typhaine Lamoureux, Viktoriia Melnik, Yotvat Rieder Aviram, Yuliana Mulvany, Zoë D Timby.

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We carry more than we can see. Experiences, memories, responsibilities, histories and attachments travel with us, accumulating through bodies, objects, places and generations. Some are consciously preserved, while others remain without our choosing. They can offer continuity and belonging, but they can also become weights that are difficult to set down.

"What We Carry" brings together artists whose works approach this idea of carrying from different perspectives. Here, carrying is not understood simply as a physical act, but as a condition through which experiences endure and move from one context to another. A body can retain the marks of what it has lived through; an object can hold evidence of touch and use; materials can contain histories of making and transformation; and places can bear traces of those who have inhabited, altered or passed through them.

The exhibition also considers less visible forms of carrying: inherited narratives, cultural knowledge, emotional weight, responsibility, displacement and the things transmitted between generations. These may surface through gesture, material, image or process, sometimes directly and sometimes only as a trace. What is carried is not necessarily fixed. It can be altered, reinterpreted, protected, concealed or gradually released.

Across the exhibition, the idea of carrying therefore becomes closely connected to questions of presence and absence. What remains when something or someone is no longer physically present? What do we choose to preserve, and what persists despite our attempts to leave it behind? In this sense, carrying can be both an act of holding on and a process of transformation.

Rather than proposing a single answer, What We Carry brings these different experiences into proximity. The works invite us to consider the visible and invisible things that accompany us, and the ways they shape our relationships with ourselves, with others, and with the environments and histories through which we move.

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to explore the exhibition.

Rachel Hutchinson

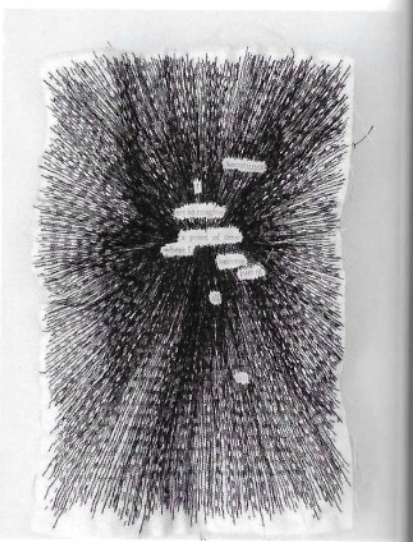
Rachel Hutchinson is a Northern Irish textile artist whose practice explores memory, perception and the unstable relationship between visibility and concealment. Working predominantly with hand-stitching, cloth and fragmented text, she creates materially dense surfaces in which repetition becomes both process and record. A First Class Textile Art graduate of the University of Huddersfield, Hutchinson has exhibited widely across the UK and Ireland and completed both public and private commissions. Following a decadelong hiatus, she returned to independent studio practice in 2024. Her current series, Holding Patterns, examines tension, accumulation and the traces experience leaves within material.

Holding Patterns considers what remains with us after experience has passed. Through repetitive hand-stitching, fragments of language are buried, interrupted and partially recovered, while the cloth itself retains the physical consequences of the process: tension, distortion and accumulated pressure. I am interested in the things we carry that are not immediately visible: memory, sensation, habitual responses and words that persist long after they were spoken. Here, cloth becomes both surface and record. Experience becomes embedded within the material, altering its structure in ways that cannot be undone. The work asks what we continue to carry and how those traces remain.

rachelhutchinson.com



Rachel Hutchinson, *Observing*, 2026, cotton and canvas, 35 × 35 × 3 cm



Rachel Hutchinson, *Part of All This*, 2026, cotton and canvas, 35 × 35 × 3 cm